



OBSERVATIONS CHART

PATIENT:	EYE	INJURY	DATE
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SQUAT	LUNGES		LATERAL SQUAT		CMJ's	LUNGES JUMPS		LATERAL JUMPS		FJ's	3 Hops		Side Hops	
	R	L	R	L		R	L	R	L		R	L	R	L

	ROM													
	Tempo													
Head	Rotation													
	FLEX / EXT													
	inclinaison													
Arms	Rotation													
	Dive													
	Coudes													
Trunk	ExT / Flexion													
	L / C													
	Sway													
Knee	In / Out													
	Instable													
Foot	Open/close													
	T / H Up													
	PRO/SUP													

NOTES: